

Atholton Elementary School Presents

Executive Functions for Preschool and Kindergarten Students

Does your child...

- get out of control more than peers?
- have a low tolerance for frustration?
- get overly upset about "little things"?
- get stuck on one topic or activity?
- resist change in routine?
- become overly stimulated and have trouble calming down?

If the answer is yes to any of these questions, you may want to learn how executive functions develop in children.

Please join Mr. Tobin, School Counselor and Dr. Ridgely, School Psychologist for a series of workshops to learn about executive functions and strategies to assist your child.

Session 3: Emotional Regulation & Working MemoryMay 20 6:30-8:00Session 4: Attention, Inhibition, & Self Monitoring SkillsMay 27 6:30-8:00

Babysitting will be available.